

TROOP 229, SELDEN, N.Y.

The Troop will be going snow shoeing at High Point Park, NJ on Saturday, January 30th. We will drive from the Aspen Total Fitness parking lot on the corner of South Coleman Rd. and Middle Country Rd. to High Point Park, New Jersey. The drive should be less than 2.5 hours. While at the park, we will rent snow shoeing equipment and hike about 5 miles, returning to the point where we started. The hike should take about 4 hours including stopping for pictures, lunch and hydration breaks. Bring a Leave-No-Trace (LNT) lunch and hydration.

This outing is considered a high adventure outing due to the physical demands. It is recommended for First Class Scouts and above. For Scouts who are not First Class, yet, they can join as long as they are accompanied by a parent or guardian.

The costs are as follows: \$19 for snowshoe rentals, \$12 for a trail pass. For more information, go to www.xcskihighpoint.com. Please complete the form below and return to the Troop by Thursday, January 21st.

YES _____ I (adult) hereby give _____ (scout) permission to attend the Snowshoe Hike on January 30th

NO _____ My son will not be able to attend the Snowshoe hike.

DO NOT COMPLETE BOTTOM OF FORM IF YOU OR YOUR SON ARE NOT ATTENDING
I authorize any medical treatment that may be necessary during this outing.

SIGNED _____
HEALTH INSURANCE PROVIDER _____
THE I.D. # IS _____
MY PHONE # IS _____
EMERGENCY PHONE # _____

LIST ANY MEDICATIONS THAT ARE REQUIRED DURING THIS OUTING:

CHECK ONE

1. I WILL BE ABLE TO HIKE AND PROVIDE TRANSPORTATION FOR _____ SCOUTS.
2. I WILL NOT BE AVAILABLE THIS SATURDAY.

I give permission for _____ to drive my son to/from the hike.

Please fill out and return this form if your son is going or not

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